

Therefore, there is now no condemnation for those who are in Christ Jesus, Romans 8:1 (NIV)

The verse does not say "no **MISTAKES**" or "no **FAILURES**," or even "no **SINS**."

Abraham **LIED** about his wife

David committed **ADULTERY**

Peter tried to **KILL A MAN** with his sword

To be sure, they suffered **CONSEQUENCES** because of their sins, but they did not suffer **CONDEMNATION**.

Romans 8 begins with a key thought – a key word – **THEREFORE** -----→ Romans 7:14-25.

Paul's frustration is reflected in **4 SEPARATE LAMENTS**

Lament #1 – Romans 7:14-17 (NIV)

We know that the law is spiritual; but I am unspiritual, sold as a slave to sin. I do not understand what I do. For what I want to do I do not do, but what I hate I do. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me.

Lament #2 – Romans 7:18-20 (NIV)

I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. For what I do is not the good I want to do; no, the evil I do not want to do—this I keep on doing. Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

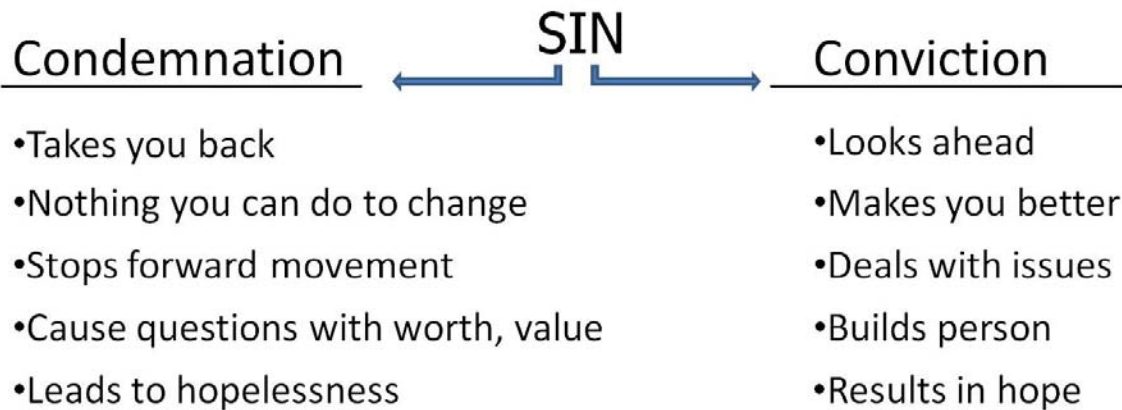
Lament #3 – Romans 7:21-23 (NIV)

So I find this law at work: When I want to do good, evil is right there with me. For in my inner being I delight in God's law; but I see another law at work in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin at work within my members.

Lament #4 – Romans 7:24-25 (NIV)

What a wretched man I am! Who will rescue me from this body of death? Thanks be to God—through Jesus Christ our Lord! So then, I myself in my mind am a slave to God's law, but in the sinful nature a slave to the law of sin.

Romans 7:14-25



"I know God has forgiven me, but I can't forgive myself"

1. Freedom from **JUDGMENT** – No **CONDEMNATION** (Romans 8:1-4)
2. Freedom from **DEFEAT** – No **OBLIGATION** (Romans 8:5-17)
3. Freedom from **DISCOURAGEMENT** – No **FRUSTRATION** (Romans 8:18-30)
4. Freedom from **FEAR** – No **SEPARATION** (Romans 8:31-39)