



## I. Review

## II. KNOWLEDGE

Practical intelligence, practical knowledge, practical insight.

### How do I add KNOWLEDGE?

#### 1. Knowledge begins with the FEAR OF THE LORD

*The fear of the LORD is the beginning of knowledge, but fools despise wisdom and discipline.*  
Proverbs 1:7 (NIV)

#### 2. STUDY to show thyself approved

*Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.* 2 Timothy 2:15 (KJV)

#### 3. LEARN from the right People

*Listen, my son, to your father's instruction and do not forsake your mother's teaching.* Proverbs 1:8 (NIV)

*My son, if you accept my words and store up my commands within you, turning your ear to wisdom and applying your heart to understanding, and if you call out for insight and cry aloud for understanding, and if you look for it as for silver and search for it as for hidden treasure, then you will understand the fear of the LORD and find the knowledge of God.* Proverbs 2:1-5 (NIV)

#### 4. HOLY SPIRIT

*But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.* John 14:26 (KJV)

#### 5. One day we will KNOW IN FULL

*For we know in part and we prophesy in part, but when perfection comes, the imperfect disappears. When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put childish ways behind me. Now we see but a poor reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.* 1 Corinthians 13:9-12 (NIV)

## III. SELF CONTROL

*Like a city whose walls are broken down is a man who lacks self-control.* Proverbs 25:28

### ANGER

*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.*  
Ephesians 4:31 (NIV)



*A fool gives full vent to his anger, but a wise man keeps himself under control.*  
Proverbs 29:11

### **SEX**

*The acts of the sinful nature are obvious: sexual immorality* Galatians 5:19

*The body is not meant for sexual immorality, but for the Lord, and the Lord for the body.*  
1 Corinthians 6:13b (NIV)

### **SPENDING**

*In the house of the wise are stores of choice food and oil, but a foolish man devours all he has.*  
Proverbs 21:20

### **FOOD**

*When you sit to dine with a ruler, note well what is before you, 2and put a knife to your throat if you are given to gluttony.* Proverbs 23:1-2 (NIV)

### **SAYING whatever comes to MIND**

*My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry* James 1:19 (NIV)

### **How do I gain self control?**

1. **CONFRONT** yourself.

*The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God.*  
Galatians 5:19-21 (NIV)

2. **CRUCIFY** yourself.

*Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires.* Galatians 5:24 (NIV)

3. Celebrate your **FREEDOM**.

*It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.* Galatians 5:1 (NIV)

### **KNOWLEDGE and SELF CONTROL**

The next two steps in living a life marked by **EFFECTIVENESS** and **PRODUCTIVITY** for Jesus.